

ZEN NAILS & BEAUTY TREATMENT MENU

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www.eastleighhairandbeauty.co.uk

CREATIVE NAIL EXTENSIONS

Creative are world leaders in the nail industry, providing strong, durable and natural looking nail enhancements.

Nail technicians at Zen have been trained to the highest standards.

Nail systems used to gel acrylic, fibreglass or silk.

	Duration	Master	Technician	Graduate	Junior
China Whites French manicure look	1h30mins	£42.00	£35.00	£30.00	£25.00
Natural Tips	1h30mins	£38.00	£30.00	£25.00	£20.00
Express Tips	40mins	£20.00	£19.00	£18.00	£17.00
infills - including 2 FREE repairs & polish, every 2-3 weeks	1hr	£20.00	£17.50	£15.00	£12.50
Rebalance	1hr30mins	£27.00	£27.00	£25.00	-
Single Nail Repair	15mins	£3.50	£3.50	£3.50	£3.00
Natural Nail Overlays Protect your Nails	1hr	£26.00	£26.00	£24.00	£20.00
French Nail Overlays	1hr	£28.00	£28.00	£25.00	£23.00
Gel Overlay Recommended for deep shine. Non chip durable finish, waterproof for swimmers and hairdressers.					
Soak off Gentle removal of your nail extensions including polish.	upto 1hr		£10.00		
Nail Art Examples available in salon. Freehand.			from £2.50		

CREATIVE NATURAL NAIL CARE

Creative Spa Manicure including polish	45mins	£16.50
Creative Luxury Spa Manicure with heated mitts, including polish	1hr	£18.50
Shape and Polish Including Nail Art	15mins	£8.00 and £2.50

Shape and French Polish	15mins	£9.00
Creative Spa Pedicure	45mins	£20.00
Creative Luxury Spa Pedicure	1hr	£22.00

Paraffin Wax Treatment

A deep hydrating treatment, good for arthritis.
Add to any luxury manicure or pedicure

£5.00

Mr. Manicure	30mins	£13.00
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Includes file, cuticle work, exfoliate and hand and arm massage

Mini Miss Manicure	20mins	£10.50
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including nail art.
12 years old and under

EYE TREATMENTS

24 hour patch test required before all tinting treatments.

Eye Lash Tint	15mins	£8.50
Eye Brow Tint	15mins	£6.50
Eye Lash and Brow Tint	20mins	£13.00
Eye Lash Extensions	20mins	Full set £12.00 Half set £8.00 Removal £5.00

Eyelash extensions will enhance and lengthen your natural eyelashes without the use of mascara.

Eye Lash Perm	1hr15mins	£25.00
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The lash perm completely transforms the eyes without the use of mascara or lash curlers. Even short, straight, sparse lashes can benefit from this revolutionary treatment making lashes look longer and thicker even when wet for up to 2 months.

Eye Lash Tint and Perm	1hr30mins	£30.00
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3D Nouveau Lashes Extensions

Full set	1hr30mins	£75.00
Half set	1hr	£45.00
Maintenance every 3-4 weeks	1hr	£25.00
Removal	20mins	£10.00

3D lash extensions are a new and exciting product for thickening and lengthening natural looking eyelashes, with incredible bonding power that lasts up to 2 months. They are resistant to water, sweat showers, exercise and sleep. They give longer, fuller natural looking lashes that are weightless and comfortable.

WAXING

A temporary hair removal treatment, lasting 4 - 6 weeks. Using aromatherapy tea tree wax and a clean hygienic roller system.

Half leg	20mins	£14.00
Three Quarter leg	30mins	£16.00
Full leg	45mins	£19.00
Full leg and Bikini	1hr	£24.00
Bikini	15mins	£7.50
Brazilian	20mins	£14.50
Hollywood	20mins	£14.00
Abdomen	15mins	£4.50
Under Arm	15mins	£7.00
Forearm	20mins	£9.00
Full Arm	15mins	£14.00
Eye Brow Shape	15mins	£7.00
Upper Lip	10mins	£5.50
Chin	10mins	£5.50
Lip and Chin		£9.00
Back		from £8.00
Chest		from £9.00

Threading

Eyebrows, Upper lip or Chin 15mins each area £6.00

Hair Removal

Safe and effective, permanent hair reduction using Ellipse IPL. It uses short, safe bursts of light, emitted from a flash lamp to remove unwanted hair for good. After a course of 3 - 6 the follicle is too unstable for hair to grow. Ellipse is the top of the range in IPL treatments. Ask for full price list example:

Upper Lip	£55.00
Under Arms	£99.00
Consultation and patch test required.	
Skin rejuvenation using I.P.L	P.O.A
Acne treatment	P.O.A
Thread Vein Removal	from £40.00

DIBITRON NON SURGICAL FACE LIFT

with the time machine. It uses a tiny micro-current which helps to tone, lift and re educate the muscles, softening lines and wrinkles. Endorsed by Madonna and Brad Pitt. Includes cleanse and facial.

DIBI Face Lift	60mins	£45.00
Course of 10 face lifts		£360.00
Super DIBI Treatment	90mins	£60.00
as DIBI face lift but using more powerful products to plump up skin and reduce wrinkles.		
Pedicure whilst on treatment	90mins	£12.50 extra
Hand and arm massage whilst on treatment	15mins	£10.00 extra

DIBI - FOUR SEASONS

This is a deep cleansing facial using ultrasound technology. It removes all dead skin cells, blackheads and milia which may have built up for years, without using painful extraction methods.

1 hour £40.00

DIBI FISIOTRON DREN - IONITHERMIE

Slimming, toning and anti cellulite and Lymphatic Drainage.

Ideal for clients dieting, post illness to cleanse, eliminate toxins, treat cellulite and improve metabolism. Specially designed to give added strength and lift sagging muscles.

This is particularly effective in lifting areas like bust and buttocks.

1 treatment	1hr15mins	£40.00
	course of 10 (£50 off)	£350.00

Universal Contour Wrap

Bandages are wrapped in sea clay which opens the pores and draws out toxins and impurities out of the skin and compacts the soft fatty tissue. The average person will lose between 10 and 14 inches on their first wrap, and should drop a dress size after 3 treatments.

One wrap	1hr15mins	£40.00
Course of 3		£120.00

Double Guarantee - if you don't lose 6 inches you don't pay, and the inches are guaranteed to stay off for a minimum of 30 days!

Ideal prior to a special occasion to fit into your favourite dress or prior to a holiday for that bikini body, or just for therapeutic detoxification.

DERMALOGICA SKINCARE

Dermologica products use only the finest ingredients, all are noncomedogenic, contain no mineral oil or lanolin, no irritating artificial colours or fragrance. It has no drying s.d alcohol and always cruelty free products are not tested on animals. Full consultation included. Homecare products available.

Men Skincare Facial	30mins	£20.00
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Cleans, conditions and restores the skin making it healthy and rejuvenated. Includes cleanse, exfoliate, tone and moisturise.

Express Facial	30mins	£18.00
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Maximum results in minimum time, cleanse, masque, tone and moisturise.

Multi Vitamin Power Treatment	60mins	£30.00
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This is the most powerful Dermologica treatment for clients concerned with the signs of ageing. Ideal for prematurely ageing, dry and sun damaged skin that needs nourishment, regeneration and energising.

Medicated Clearing Treatment	60mins	£30.00
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This treatment is the ultimate in acne management. It targets current breakouts whilst helping to prevent future breakouts.

Environmental Control Treatment	60mins	£30.00
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This is an incredibly soothing, skin protecting treatment for our most environmentally sensitized clients. If your skin is red, inflamed or itchy then this is the treatment for you.

Refocus Facial	1hr15mins	£32.00
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This treatment is unique to each individual client by using Dermalogica's Face Mapping skin analysis. A power cleanse to revitalise your skin to healthy radiance. including hot towels, Facial steamer, hand and arm massage.

AROMATHERAPY MASSAGE & THERAPIES

with a choice of pre-blended aromatherapy oils:

Stress Relief Oil - enhance muscle relaxation and stress reduction, leaves skin velvet soft and smooth. Contains extract of tea tree, lemon and ylang ylang.

Toxin Relief oil - aromatic and detoxifying, increases circulation and reduces sluggishness. Contains rosemary, sage, pine, juniper and lemongrass.

Back, Neck and Shoulder	30mins	£22.00
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Full Body	1hr	£32.00
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HOT STONE MASSAGE

It creates a balancing, meditative experience. You will feel comforted, soothed and grounded mentally and physically. Your circulation will be boosted and muscle tension released.

Back, Neck and Shoulder	30mins	£25.00
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Full Body	1hr	£35.00
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INDIAN HEAD MASSAGE

An ancient treatment for the upper body, head and scalp. Helps to relieve sinus blockage, headaches and stress.

SWEDISH BODY MASSAGE

Back, neck and shoulders	30mins	£19.00
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Fully Body	1hr	£30.00
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MAKE UP BY GERMAINE DE CAPUCCINI

Special Occasion	30mins	£15.00
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Bridal including trial	45mins	£25.00
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SEMI PERMANENT MAKE UP

This long lasting treatment uses pigments to enhance the lip line, eyebrows and eyes. It can be used to create beauty spots and replace eyeliners. beautifully and perfectly applied by a highly qualified permanent make up artist.

HAIR DESIGN AND MAKE OVER

A specialist will give a complete consultation and advice on make up and hair design for bridal, registry, engagement and photography.

Hair design	from £25.00
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Make up	from £25.00
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TANNING

St Tropez Tan

Aloe Vera based and proven for all skin types. Includes exfoliation and moisturise. it allows a natural bronzed tan all year round. Lasts up to 10 days.

Full body	1hr	£35.00
Upper Body	30mins	£25.00
Legs	15mins	£15.00
Body exfoliate and moisturise	30mins	£10.00

Vertical Sunbed Capsule

	1min	£0.50
Courses	1hr	£24.00
	2hrs	£40.00

Spray Tan

Coco bay from Fake Bake is one of the leading brands in spray tanning. Our high tech extraction cabin ensures an even natural looking tan

	15mins	£17.00
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BEAUTY PACKAGES

Mum To Be	1hr 30mins	£42.00
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Including an express facial and mini manicure and mini pedicure.

Pre Holiday Pampering	2hrs	£50.00
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including a lash tint, full leg, bikini line and underarm wax and Creative Spa manicure as above plus pedicure

	2hrs30mins	£64.00
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Ultimate Relaxation	2hrs	£55.00
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including full body massage and facial

Bride To Be	2hrs30mins	£70.00
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including full set of your choice, make up with trial and Creative Spa pedicure

Night Out	2hrs30mins	£70.00
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including full set of St Tropez.

Lunch time pick me up	1hr	£25.00
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Includes mini facial and mini manicure with polish.

Mid Morning Make over	2hrs	£45.00
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Spa manicure, mineral make up and pedicure.

Anti-Ageing Collagen Boost	2hrs	£74.00
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A Proto-col facial with exfoliant and micro dermabrasive containing real diamonds and pearls for cell renewal and a proto-col instant face lift with pure collagen. Plus a luxury manicure and luxury pedicure with a hydrating parafin was treatment

BEAUTY PACKAGES CONT...

After Work De-stress	2hrs30mins	£65.00
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A pedicure to sooth those tired aching feet, plus a relaxing facial and back, neck and shoulder massage.

Hair dressed up by the Salon		£25.00
trial		£10.00

Little Miss Birthday Parties	per person	£15.00
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Celebrate your Birthday with us! 5-13 year olds
includes make up, mini manicure, nail art, goodie bag and soft drinks.

Offers

Ask about our offers of the month.